

## SJHC COVID-19 Management Guidelines

\*These guidelines have been derived based on advice and best practice documents from Ministry of Long Term Care Directives, Public Health Ontario, and the Centres for Disease Control, among others.

Item	Direction
<b>PPE</b>	<ul style="list-style-type: none"> <li>○ Staff (including students and volunteers):               <ul style="list-style-type: none"> <li>○ Surgical/procedure mask (level 2/3) to be worn at all times (unless on break in a designated break area).</li> <li>○ Eye protection required if providing care within 2 meters of a resident/patient on contact/droplet precautions NOTE: As per Directive #5 from the Chief Medical Officer of Health, use clinical judgement and point of care risk assessment of resident/patient condition/symptoms, the task to be performed, and the environment to determine appropriate PPE. Use results of PCRA to determine whether N95 and/or additional PPE is required, including eye protection. Remember that N95s (minimally) are required during an aerosol generating medical procedure, and if entering the room within 180 minutes after the procedure. Resident/patient’s door should be closed during aerosol-generating procedures. Individual room is preferred. If not possible, privacy curtain must be pulled for the duration of the procedure and for 180 minutes after.</li> <li>○ Mask can be removed on breaks if you are out of the care area/unit, and more than 6 feet away from anyone else or separated by plexi-glass barrier.</li> </ul> </li>   <li>○ Residents/Patients:               <ul style="list-style-type: none"> <li>○ Procedure mask to be worn when                   <ul style="list-style-type: none"> <li>▪ Staff coming within 6 feet of resident/patient in their room</li> <li>▪ Leaving their room</li> </ul> </li> </ul> </li>   <li>○ All Indoor Visitors (including Care Partners, Essential Caregivers, and Essential Visitors):               <ul style="list-style-type: none"> <li>○ Procedure mask (level 2/3) to be worn at all times</li> <li>○ Eye protection required if providing care within 2 meters of a resident/patient on contact/droplet precautions                   <ul style="list-style-type: none"> <li>▪ Education to be provided by the facility on proper donning and doffing of PPE and performing Hand Hygiene</li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"> <li>○ General Visitors – Outdoors:             <ul style="list-style-type: none"> <li>○ Procedure or cloth mask to be worn at all times</li> </ul> </li> </ul> <p>*Note: The mask is to be changed when wet, soiled, damaged or when exiting an isolation room</p>
<b>Screening</b>	<ul style="list-style-type: none"> <li>○ All individuals entering the building or arriving for a general visit will be actively screened at the beginning of each day/visit by the Lobby Deputy. This includes staff (including students and volunteer), Essential Caregivers, Care Partners, General Visitors, and support workers/contractors.</li> <li>○ Residents/Patients:             <ul style="list-style-type: none"> <li>○ Staff to monitor for signs and symptoms once daily.</li> </ul> </li> </ul>
<b>Isolation/Testing of Symptomatic Individuals</b>	<ul style="list-style-type: none"> <li>○ Staff (including students and volunteers):             <ul style="list-style-type: none"> <li>○ If experiencing symptoms, staff is to do the following:                 <ul style="list-style-type: none"> <li>▪ Not come into work</li> <li>▪ Book an appointment for PCR testing at the assessment center</li> <li>▪ Inform Charge RN (who will then inform IPAC lead. IPAC lead will follow up with scheduling and HR)</li> <li>▪ May return to work if a negative PCR result is obtained and they follow return to work policy</li> </ul> </li> <li>○ If asymptomatic and fully vaccinated but deemed a High Risk Close Contact:                 <ul style="list-style-type: none"> <li>▪ May not be required to self-isolate</li> <li>▪ Should still be tested in accordance with the provincial testing guidance</li> <li>▪ Must report exposure to employer and follow workplace policies/direction, in consultation with IPAC lead</li> </ul> </li> <li>○ If asymptomatic, fully vaccinated and have a household member who is either symptomatic or HRCC:                 <ul style="list-style-type: none"> <li>▪ Not required to self-isolate</li> </ul> </li> </ul> </li> <li>○ Residents/Patients:             <ul style="list-style-type: none"> <li>○ If experiencing symptoms that cannot be attributed to something else (e.g. allergies, COPD chronic cough, etc.), residents/patients must:                 <ul style="list-style-type: none"> <li>▪ Be placed under contact and droplet isolation</li> <li>▪ Obtain a PCR swab</li> <li>▪ Added to line list</li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"><li>▪ If results come back negative, resident/patient can be removed from isolation</li><li>○ Essential Caregivers, Care Partners and all other visitors:<ul style="list-style-type: none"><li>○ No entry allowed while experiencing symptoms</li><li>○ No visit allowed if exposed to a person with Covid-19</li><li>○ No visit allowed if positive with Covid-19 until cleared by Public Health</li></ul></li></ul>
<b>Surveillance Testing</b>	<p>A person is considered fully immunized if they have received the full series of a COVID-19 vaccine or combination of COVID-19 vaccines approved by Health Canada (e.g., two doses of a two-dose vaccine series, or one dose of a single-dose vaccine series) and they received their final dose of the COVID-19 vaccine at least 14 days ago.</p> <ul style="list-style-type: none"><li>○ Anyone entering the building:<ul style="list-style-type: none"><li>○ Surveillance testing is not required for asymptomatic, fully immunized individuals.</li><li>○ Partially immunized or unimmunized individuals must have negative antigen test within the previous three days to be granted entry to the building. If lines are long, staff may proceed to the unit to return as soon as possible to be tested. All others need to wait for their negative result prior to being granted entry to the building. Note that Essential Caregivers may present proof of a negative PCR within the previous 7 days instead of an antigen test.</li><li>○ For outdoor visits, visitors do not need to undergo rapid antigen tests as their visit will be outdoors.</li></ul></li></ul> <p>NOTE: End-of-life visitors may be exempt from these requirements at the Villas. They will be tested at SJCCC unless their arrival occurs when the screening/testing clinic is closed. In this event, full PPE will be provided prior to entry and must be worn during the visit.</p> <ul style="list-style-type: none"><li>○ Residents/Patients:<ul style="list-style-type: none"><li>○ New admissions are to have a Negative PCR within 24 hours prior to admission. In instances where this has not happened before admission for community admissions, patient must be swabbed on admission day.</li></ul></li></ul> <p>*Note: Repeat False Positives: PCR tests should be used instead of antigen testing for individuals who have experienced three false positive antigen tests in the previous 30 days. This decision will be made by the IPAC lead for the site.</p> <p>**Note: Previously Tested Positive individuals who have previously been diagnosed with and cleared of COVID-19 infection may resume asymptomatic surveillance testing after 90 days from their COVID-19 infection (based on the date of their positive result). The individual should not be retested unless new signs and symptoms occur, exposure to a confirmed case or an outbreak is declared.</p>

<p><b>Visit(s)</b></p>	<ul style="list-style-type: none"><li>○ Maximum of 4 indoor visitors per resident/patient will be permitted at a time. Due to limited space at the Clarion site for physical distancing, a maximum of 1 indoor general visitors will be permitted, although exceptions may be pre-arranged on a case-by-case basis. Physical distancing between groups and persons of different cohorts and public health measures must be followed for all visits.</li><li>○ General Visitors:<ul style="list-style-type: none"><li>○ Outdoors:<ul style="list-style-type: none"><li>▪ Must call 24hrs in advance to book a visit so staff can have resident/patient ready</li><li>▪ Visits have a duration of 1h</li><li>▪ Discussion is required with IPAC Lead for groups of more than 4 outdoor visitors.</li></ul></li><li>○ Indoors:<ul style="list-style-type: none"><li>▪ For SJV and VSGV, 2 indoor general visitors are permitted in the facility at a time.</li></ul></li></ul></li><li>○ Staff (including students and volunteers):<ul style="list-style-type: none"><li>○ Must maintain the visitation schedule and screening logs<ul style="list-style-type: none"><li>▪ VSGV: Volunteer Coordinators</li><li>▪ SJV: Receptionist</li><li>▪ SJCCC: Lobby Deputies</li></ul></li><li>○ Staff on the units are to review the schedule to ensure assistance is provided to resident/patient for visit preparation if required</li><li>○ Monitor visits to ensure PPE and social distancing and mask use is being respected</li><li>○ Clean outdoor visiting area twice daily (Rapid Antigen Testers or Lobby Deputies)</li></ul></li><li>○ Residents/Patients:<ul style="list-style-type: none"><li>○ Wear a mask</li><li>○ Respect the 2 meters physical distancing</li></ul></li><li>○ Essential Caregivers and Care Partners:<ul style="list-style-type: none"><li>○ No schedule required, however visiting hours must be respected</li><li>○ No limitations of amount of Care Partners/Caregivers assigned to the resident/patient but they must be registered as a Care Partner (for SJCCC) in the event of visitor restrictions due to outbreak</li></ul></li></ul>
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<p><b>New Admission(s)</b></p>	<ul style="list-style-type: none"> <li>○ Residents/Patients:             <ul style="list-style-type: none"> <li>○ If fully immunized and admission PCR is negative, no isolation required</li> <li>○ If partially or unimmunized, isolation required for minimum of 10 days. A second PCR test to be collected on day 8 to discontinue isolation precautions on day 10. If day 8 PCR not collected or comes back positive, resident/patient will remain under isolation until minimally day 14.</li> </ul> <p>Note that patients at SJCCC-Clarion should be isolating in a single occupation room where possible. If not possible, roommates must also be placed on contact and droplet precautions for the duration of the isolation period.</p> <li>○ In the event of a past positive COVID within the past 90 days, PCR test will not be required – base isolation on immunization status, as described above.</li> </li></ul>
<p><b>Meal Service</b></p>	<ul style="list-style-type: none"> <li>○ Residents/Patients:             <ul style="list-style-type: none"> <li>○ Communal dining is permitted in a manner that ensures residents/patients remain 6 feet away from each other or separated by plexi-glass barrier.</li> <li>○ Tray service to continue for those who are consuming their meals in their rooms.</li> <li>○ Seating arrangements should be consistent</li> <li>○ Limiting room capacity to ensure physical distancing between tables can be maintained</li> <li>○ Frequent hand hygiene of residents/patients, staff and caregivers/care partners assisting with feeding should be undertaken                 <ul style="list-style-type: none"> <li>▪ NEW: buffet and family style dining are permitted both indoors and outdoors for residents/patients, all physical distancing measures must be followed (for special occasions) : discussion is required by IPAC Lead for groups of more than 4)</li> </ul> </li> </ul> </li> </ul>
<p><b>Recreation Therapy/ Social Activities</b></p>	<ul style="list-style-type: none"> <li>○ Residents/Patients:             <ul style="list-style-type: none"> <li>○ Use of mask (as tolerated)</li> <li>○ Perform Hand Hygiene</li> <li>○ Small group activities are permitted with residents/patients throughout the facility who are asymptomatic, not on isolation and able to maintain a 6 feet distancing from each other.</li> <li>○ Resident/Patient cohorts can be relaxed</li> <li>○ Ensure cleaning and disinfecting of high touch area in between activities</li> </ul> </li> </ul>

	<p>Off-site excursions:</p> <ul style="list-style-type: none"> <li>• All residents/patients may take part in organized, off-site excursions, regardless of immunization status. <ul style="list-style-type: none"> <li>○ Residents/patients will be required to wear a medical mask (as tolerated) and remind them to follow public health measures, such as physical distancing and hand hygiene, while they are away from the home</li> <li>○ When on a van or bus, it is ideal that residents can remain socially distanced whenever possible.</li> <li>○ When possible, residents/patients should remain in the cohorts assigned by the facility (particularly if not able to social distance)</li> <li>○ When possible, residents/patients should remain in the cohorts assigned by the facility (particularly if not able to social distance)</li> <li>○ Windows of the vehicle should be open, if tolerated to promote air circulation</li> <li>○ Have assigned seating to facilitate contact tracing if required.</li> </ul> </li> </ul>
<p><b>Rehab Philosophy (For SJCCC)</b></p>	<ul style="list-style-type: none"> <li>• As a rehab hospital, we need to continue to rehabilitate our patients. Rehab should continue as per our usual approach, but ensuring that we are maintaining 2 metre distancing between patients where possible, and where not possible, provide masks to patients.</li> <li>• The gym is accessible for patients accompanied by our physiotherapy staff. Other therapies should be provided in the patient’s room, where possible.</li> <li>• Patients are permitted, and should be encouraged, to leave their room to walk in the hallway and other common areas. (Enhanced cleaning is occurring to ensure high touch surfaces are cleaned more often than usual). Staff must ensure patients are wearing their masks when doing so.</li> <li>• Volunteers will continue to assist with Up and Move program. This will mean that some will cross floors, similar to our part-time and casual nursing staff. This is acceptable and please note that volunteers meet the definition of essential staff that <u>should not</u> be excluded from duty.</li> </ul>
<p><b>Outbreak/COVID-19 Positive Resident/Patient</b></p>	<ul style="list-style-type: none"> <li>○ Refer to outbreak management documents</li> </ul>
<p><b>Absence of Resident/Patient</b></p>	<ul style="list-style-type: none"> <li>○ All absences: <ul style="list-style-type: none"> <li>○ As of July 16<sup>th</sup>, 2021, all residents/patients, regardless of immunization status, can leave the facility for social absences, which includes absences for all reasons not listed under medical, compassionate/palliative, and/or essential absences that do not include an overnight stay. Residents/patients that are not under isolation or from an area in outbreak will have no restrictions.</li> <li>○ Resident/Patient will be provided with a surgical/procedure mask</li> <li>○ Must comply with routine measures outlined by Public Health, which include: <ul style="list-style-type: none"> <li>▪ Wearing a mask (as tolerated)</li> <li>▪ Maintain Physical Distancing</li> <li>▪ Frequent Hand Hygiene</li> </ul> </li> </ul> </li> </ul>

	<ul style="list-style-type: none"><li>▪ Respiratory Etiquette<ul style="list-style-type: none"><li>○ Require to be actively screened upon return to the facility for symptoms or exposure history before they are allowed to enter the facility<ul style="list-style-type: none"><li>▪ If active screening is failed, resident/patient will be permitted entry but will require isolation for droplet and contact precautions until negative PCR results received.</li></ul></li></ul></li><li>○ Temporary Absence<ul style="list-style-type: none"><li>○ This involves 2 or more days and 1 or more night for non-medical reasons</li><li>○ If immunized, will require a PCR test upon return and remain under isolation for droplet and contact until negative results return</li><li>○ If partially or unimmunized, isolation required for minimum of 10 days. A second PCR test to be collected on day 8 to discontinue isolation precautions on day 10. If day 8 PCR not collected or comes back positive, resident/patient will remain under isolation until minimally day 14.</li><li>○ Prior approval is required and will be based on operational feasibility.</li></ul></li></ul>
<b>Immunization</b>	<ul style="list-style-type: none"><li>○ Staff: Asked to show a copy of their COVID-19 receipt to the appropriate designate<ul style="list-style-type: none"><li>○ Staff who do not share these receipt(s) cannot be considered fully immunized</li><li>○ Non-immunized staff must take part in our education program on Surge Learning</li><li>○ Overall rates are updated weekly</li></ul></li><li>○ Residents/Patients:<ul style="list-style-type: none"><li>○ Facility collects residents’/patients’ vaccine status using a consent-based model and adheres to existing laws.<ul style="list-style-type: none"><li>▪ Overall rates are updated weekly.</li></ul></li></ul></li></ul> <p>*Note: A person is fully immunized against COVID-19 if:</p> <ul style="list-style-type: none"><li>○ They have received the total required number of doses of a COVID-19 vaccine approved by Health Canada (i.e. both doses of a two-dose vaccine series, or one dose of a single-dose vaccine series); and</li><li>○ They received their final dose of the COVID-19 vaccine at least 14 days ago<ul style="list-style-type: none"><li>▪ Currently, the required number of doses for the Pfizer, Moderna, and AstraZeneca vaccines to complete the vaccine series is two.</li></ul></li></ul>

Updated July 15, 2021